**Touch for Health Training Workshop**

**Information for Participants**

Trainer/Faculty: Helena Argüelles AKFRP, IASK, IKCPK

**Additional Information:**

# **Pre-requisites:** This workshop is open to adult learners who hold the TFH Synthesis certificate and have attended a TFH Proficiency Workshop and completed a workbook.

**Certification:** The IKC Attendance Certificate for 64 hours will be awarded on completion. The workshop is recognised by the UK Kinesiology Federation as 64 hours of ‘K’ based CPD.

Students will be awarded a certificate of attendance at the end of the workshop. On passing the (continuous) assessment process and completing any addition required actions the graduates will be awarded a Registered TFH Instructor Certificate dated the last day of the Training Workshop which is a license to teach TFH Levels 1-4. All new instructors are required to attend a recertification workshop within three years of the Training Workshop and every three years after that.

**Content:** The workshop is delivered face-to face through lecture, demonstration, practical sessions and text book referencing.

By the end of the workshop, participants will have had the opportunity to revise the syllabus of the Touch for Health Synthesis, as laid down by the International Kinesiology College.

A significant component of the workshop is dedicated to personal development through activities and feedback. There is a daily opportunity to exchange balances to enhance learning and awareness but this is not to be construed as the appropriate space for deep personal balancing.

Dynamic communication, personal development tools and techniques, group management and presentation skills will be introduced and practised. Participants will take part in exercises and give presentations to help consolidate the knowledge and practical skills learned in the Touch for Health Workshops.

All students are expected to take part in group discussion, group practical exercises and give short presentations. There is a requirement for additional evening study and tasks to be completed outside class.

Equal Opportunities Act 2010: Please inform the Instructor of any special needs or medical information relevant to your participation in the workshop.

Please wear loose, comfortable clothing and bring any notebooks, pens etc. you may require.

*Some aspects of the Training Workshop will be challenging and it is* ***highly*** *recommended that students access a mentor during the 8 days. Your Trainer will suggest who may be able to best support you on this journey.*

# **Student Agreement**

I understand that the workshops will run from 9:00 to approximately 6:00 on each day and that an 80% minimum attendance is required in order to receive an attendance certificate.

I understand that the deposit of £200 is non-refundable except in the event of the workshop being cancelled, or at the discretion of the instructor in cases of extenuating personal circumstances that may prevent my attendance at all or part of the workshop.

I agree to pay the balance of the workshop fee and the residential costs 3 weeks prior to the start date of the workshop, or by arrangement with the trainer.

I agree:

* to take part in group discussion, practical exercises and individual balances using the workshop methods.
* to not take any photographs of the materials nor record the presentations without the express agreement of the Trainer.
* to respect each member of the group and their learning process and to keep personal information confidential.
* to give my permission for photographs to be taken during the course which may be shared on social media (*optional).*
* to be informed via email about news and events relevant to TFH UK Instructors.
* to the information I provide being passed to the IKC website to register my training, update my status and issue my certificate

I have read and understood the above information for Participants and have informed my instructor of any special personal circumstances

Signed ………………………………………………………………… Date ………………